

Let's

Bike the city!

Bring your own bike, helmet and a packed lunch

Spring Cycle Club @ Firrhill High School (and beyond!)
£50 for 4 days Mon 16th to Thurs 19th of February,
9.30 to 3pm BOOK NOW - LIMITED PLACES



It's (almost!) Spring and we want to get out on our bikes, have fun and go places!

That's why we're offering a **limited number** of places

to anyone age **9 to 11** who wants to **explore** the great routes that criss-cross the city. You'll **meet new friends** and learn how to cycle safely from our experienced guides. We'll be doing a **different ride to a fun**

picnic stop every day. During the week you'll also learn how to **use your gears, stop safely, repair a puncture** and get the most from your bike.

FREE
Goody bag
with water bottle,
puncture repair kit,
Spokes Edinburgh
cycle map



BOOK by phone 0131 332 3442 or 07914 727018

BOOK by email: maggie@changingpace.info



* We would encourage you to consider booking in for the four days. However, we will do our best to accommodate those who can only come for two. ChangingPace gratefully acknowledges the financial support given by Sustrans.
Cycle to the park. Cycle to the riverside. Cycle to the canal. Cycle every day!!

Spring Cycle@Club

ChangingPace
www.changingpace.info

Freedom is having a bike and the confidence to use it